







Child / Infant 1 rescuer 30:2
2 or more rescuers 15:2
(For Healthcare Providers)



COMPRESSION / VENTILATION RATIO (WITH ADVANCED AIRWAY)



Deliver continuous compressions at 100-120 per min Deliver 1 breath every 6 seconds









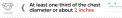




COMPRESSION DEPTH









HAND PLACEMENT



Place 2 hands on the patient's chest (at the sternum)









1 rescuer: Place 2 fingers in the center of the patient's chest 2+ rescuers: Place hands around the patient's chest and use 2 thumbs at the



RESCUE BREATHING



Adult 1 breath every 6 seconds





Child / Infant 1 breath every 3-5 seconds



ACTIVATION OF EMS









If you did not witness the collapse, give 2 minutes of CPR first, then locate an AED and activate EMS

RECOGNITION OF CARDIAC ARREST





MINIMIZING INTERRUPTIONS



Keep any interruptions in chest compressions under 10 seconds



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